

Working together: personal reflection

Effective teams are founded on respect, trust and honesty. Use this worksheet to make notes about what you need and what you'd like people to know about how you work best when in a team.

My working style

Questions you could consider here are: Do you like to take action immediately or spend time reflecting first? Do you like structure or spontaneity? Do you think aloud or in your head? Do you like structure or free flowing discussion?

You can count on me to...

What strengths and skills are you bringing to the team?

My pet peeves are...

What frustrates or annoys you when working in a team?

My life beyond this team

What do you need/want people to know about what else is in your life that might be important to the team, e.g. part-time working, family commitments?

What are your hopes and fears about being part of this team?