

WORKSHEET

“Story of what you stand for”

What are the experiences and values that call you to be a leader in the career you have chosen?

Here are some key elements and types of experiences that may have contributed to your current choice to be in your current role.

| family & childhood | life choices | experience |
|--|--|---|
| Parents/Family Growing Up Experiences Your Community Role Models School | School Career Partner/Family Hobbies/Interests/Talents Experiences— Finding Passion Overcoming Challenges | Role Models First work experience First awareness of the area where you work A key moment in your work Your current experience of change |

Focus on one key story—one event, or one place or one important relationship. Take some time to think about the elements of your story in the context of the challenge, choice and outcome. In this case, the outcome might also be the thing you learned, in addition to what actually happened.

Remember, the purpose of this story is to begin to create common ground with your audience by telling a story that reflects the values that brought you here and where those values come from. So choose a story of self that reflects values you will later call on in your organisation.

| challenge | choice | outcome |
|--|--|---|
| What was the specific challenge you faced? | What was the specific choice you made? | What happened as a result of your choice? What hope can it give us? |